

**Mishawaka Parks and
Recreation Department's**

FREE CLASSES FOR YOUTH

Preschool Hour and Ballet/Jazz classes require pre-registration and space is limited.

Pre-registration for all classes begins on April 9, 2014. You must call or stop into the Office to pre-register. A Participant Waiver form must be filled out and signed by a parent/guardian before child takes part in any of these activities; form is valid for 2 years.

For more information and to pre-register call 574.258.1664.

Get Active!

Self-Defense for Beginners

Monday	3:30-4:15 pm (Ages 4-7)	
May 12-August 25	4:30-5:15 pm (Ages 8+)	Dance Room I

A fun, dynamic approach to learn basic martial arts & self defense! Please have children wear flat bottomed shoes or children can go barefoot, and loose fitting athletic pants.

Zumba

Tuesdays	6:00-6:45 pm	Gym
May 13-August 26		

Do you like dance? Do you like to workout and have fun at the same time? Zumba is the class for you! Bring your friends and family for 45 minutes of dancing fun! This is a family style Zumba!

Baton Twirling I & II

Thursdays	5:00-6:00 pm (Ages 5-7)	
May 15-August 28	6:00-7:30 pm (Ages 8+)	Gym

Baton twirling fundamentals basic twirls, marching, and preparation for performing will be taught in this beginner session. Ongoing classes will provide the opportunities to perform in parades and events. Children in Baton Twirling II will learn routines and prepare for performances with a parade corps. Batons can be purchased from the instructor.

Preschool Hour

Fridays	10:00-11:30 am (Ages 3-4)	Dance Room II
May 30-Aug 22		

Limited availability, MUST pre-register for each session. This class will include stories, games, songs, and active play.

Ballet and Jazz Class

Thursdays	10:15-11:00 am (Age 3)	Dance Room I
June 12-August 28		
Mondays	3:45-4:45pm (Ages 4-7)	Centennial Room
May 12-August 25		
Mondays	5:00-6:00 pm (Ages 8-12)	Centennial Room
May 14-June 17		
Mondays & Thursdays		
June 24-August 28		

This class is a ballet and jazz class where children will learn basics of each style of dance. Limited availability you must pre-register prior to class.